



Ormiston
Families

Centre
Supporting Young People

33

NHS
Cambridgeshire and
Peterborough
NHS Foundation Trust

3 Partners:

CPFT, Centre 33 and Ormiston Families

Mental Health Referrals for 5 to 17 (but up to 18 for Eating Disorder & Learning Disability pathways)

Neurodevelopmental Referrals up to 18

Up to 1000 combined referrals per month – busiest times May, July and Oct – Dec. 1000 email enquiries each month

Professional and self-referral routes available

5 admin, 7 clinicians and 1 team manager



Ormiston
Families

Centre
Supporting Young People



NHS
Cambridgeshire and
Peterborough
NHS Foundation Trust

Neurodevelopmental Pathway

- Fully-completed **Referral Form** with consents, risk info and learning levels
- **Childhood Developmental Questionnaire**
- **APDR** or similar to demonstrate strategies that have been implemented to support young person in the context of their strengths or difficulties



Ratification & Right To Choose - Key principles



Ormiston
Families

Centre
Supporting Young People



NHS
Cambridgeshire and
Peterborough
NHS Foundation Trust

- Reviews and ratifications of external/private diagnoses **are subject to usual waiting times for new neurodevelopmental assessments to ensure equity of care.**
- Mental health support (e.g., Core CAMHS) can continue **without** diagnosis confirmation.
- Private prescribers remain responsible for prescribing medication until NHS handover. **Monitoring and prescribing are taken over by the local neurodevelopmental service only after a youngster has been reviewed by a doctor or non-medical prescriber in the neuro service. Until seen, all medication monitoring and prescribing remains with the private prescriber.**
- If a diagnosis does not meet standards, NHS treatment cannot proceed. Families should be aware that **outcomes may include non-ratification.**



Ormiston
Families

Centre
Supporting Young People



NHS
Cambridgeshire and
Peterborough
NHS Foundation Trust

Referral Requirements

For ratification, the referral must include:

- Full diagnostic report.
- Screening tools/questionnaires used.
- Supporting documentation (e.g., med letters, Educational Psychology reports).
- Families and carers should be made aware upon consenting to an NHS referral that **an outcome of the ratification processes may be that the diagnosis is removed.**

Self Referral Routes

For young people over 13 and parent / carers



Ormiston
Families

Centre
Supporting Young People



NHS
Cambridgeshire and
Peterborough
NHS Foundation Trust

YOUnited



MHST



No need for a concurrent professional referral

www.cpft.nhs.uk/younited



Ormiston
Families

Centre
Supporting Young People



NHS
Cambridgeshire and
Peterborough
NHS Foundation Trust

→ [Professional Referrals](#)

→ [Self Referrals](#)

→ [Help in a Crisis](#)

→ [Private Neurodevelopmental Referrals and Right to Choose](#)

→ [Neurodevelopmental Resources for Families](#)

→ [Sleep Resources](#)

→ [Bullying Advice & Resources](#)

→ [Resources for Carers](#)

→ [Eating Difficulty Resources](#)

→ [Information for Schools](#)

 ****Professionals: please read this information before completing a referral****

[Frequently Asked Questions \(FAQs\)](#)

• Can YOUnited provide advice on medication?

YOUnited are unable to give any advice about any medication as **we are not a prescribing service**. CAMHS can only offer advice if a young person is currently open to their service.