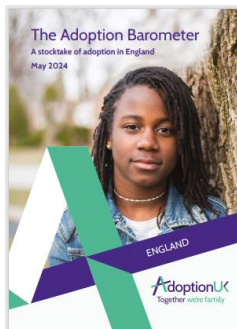


## Children known to Social Care: Suggested reading for educational settings and other supporting professionals



**The Adoption Barometer** (published annually, including an education section with recommendations)  
[Adoption UK](#) (click on the hyperlink)

### unlikely Dad

**The unlikely Dad** (Regular blog posts Tom's personal experiences on adoption)

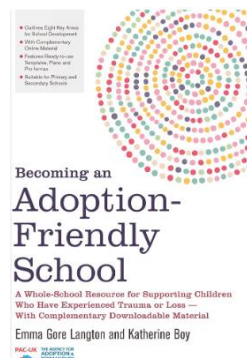
[Unlikely Dad](#) (click on the hyperlink)



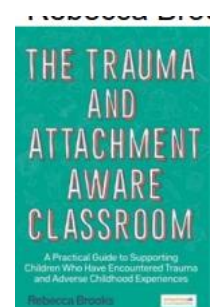
**Developing an Attachment Aware Behaviour Regulation Policy**  
Brighton and Hove City Council



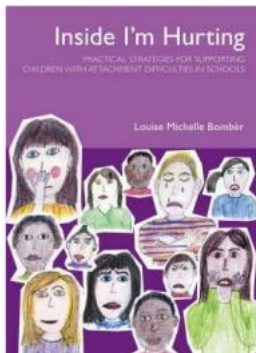
**What about me? : Inclusive Strategies to Support Pupils with Attachment Difficulties Make it Through the School Day**  
Louise Bomber



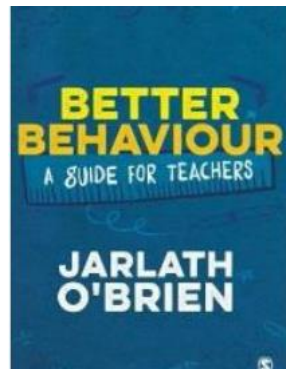
**Becoming an Adoption-Friendly School: A Whole-School Resource for Supporting Children Who Have Experienced Trauma or Loss**  
Dr Emma Gore Langton and Katherine Boy



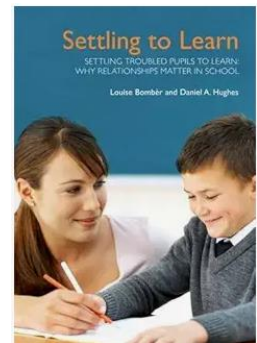
**The Trauma and Attachment Aware Classroom**  
Rebecca Brooks



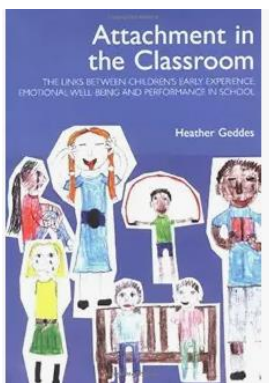
**Inside I'm Hurting**  
Louise Bomber



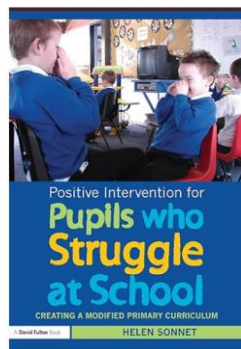
**Better Behaviour: A guide for teachers**  
Jarlath O'Brien



**Settling to learn: Settling troubled pupils to learn- Why relationships matter in school**  
Louise Bomber and Dan Hughes



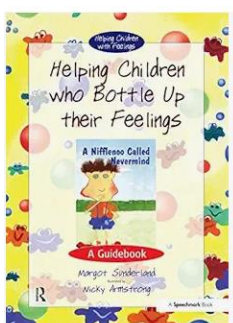
**Attachment in the classroom**  
Dr Heather Geedes



**Positive Intervention for Pupils who Struggle at School: Creating a Modified Primary Curriculum**  
Helen Sonnet

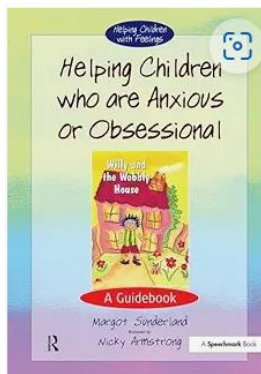


**Conversations that matter: Talking with Children and Teenagers in ways that help**  
Margot Sunderland

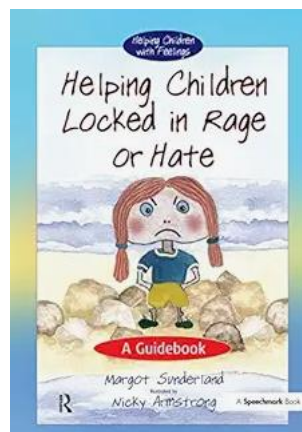


**Helping children who bottle up their feelings**  
Margot Sunderland and Nicky Hancock

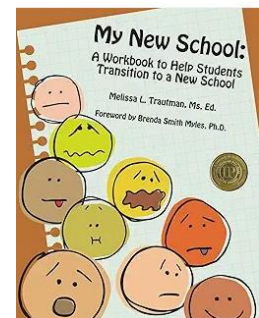




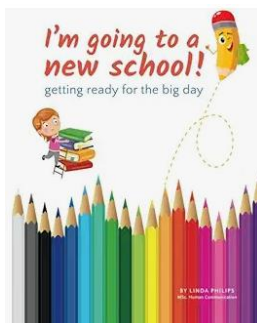
**Helping children who are Anxious or Obsessional**  
Margot Sunderland and Nicky Armstrong



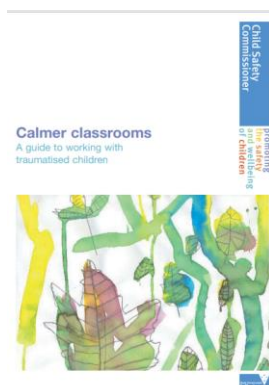
**Helping children locked in Rage or Hate**  
Margot Sunderland and Nicky Armstrong



**My New School: A Workbook to Help Students Transition to a New School**  
Melissa L Trautman



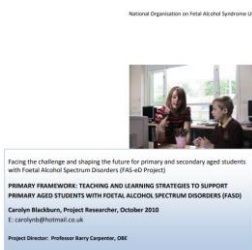
**I'm going to a new school! Getting ready for the big day.**  
Linda Philips



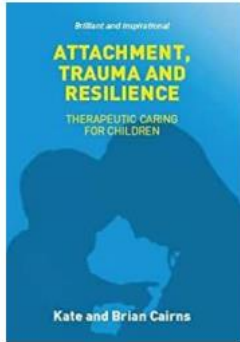
**Calmer classrooms. A guide to working with traumatised children**  
State Government Victoria (click on the hyperlink)



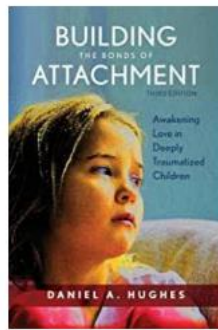
**Understanding why: Understanding attachment and how this can affect education with special reference to adopted children and young people and those looked after by local authorities**  
National Children's Bureau (click on the hyperlink)



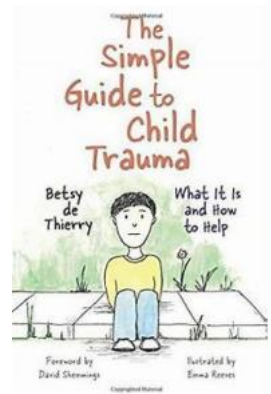
**Primary Framework: Teaching and learning strategies to support primary aged students with FASD**  
National Organisation on Fetal Alcohol Syndrome UK (click on the hyperlink)



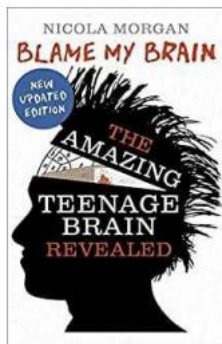
**Attachment, Trauma and Resilience**  
Kate and Brian Cairns



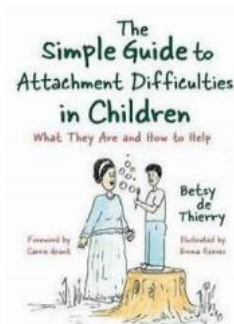
**Building the Bonds of Attachment: Awakening Love in Deeply Traumatized Children**  
Dan Hughes



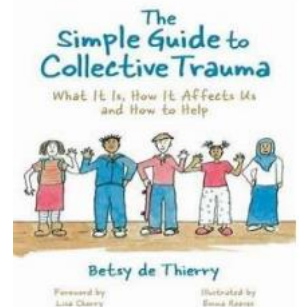
**The Simple Guide to Child Trauma**  
Betsy de Thierry



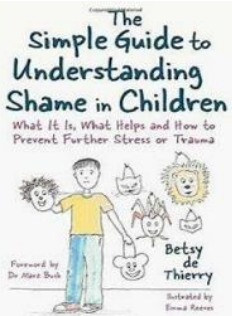
**Blame my Brain: The Amazing Teenage Brain Revealed**  
Nicolas Morgan



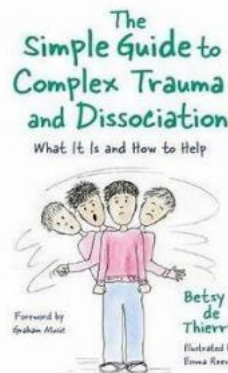
**The Simple Guide to Attachment Difficulties in Children**  
Betsy de Thierry



**The Simple Guide to Collective Trauma**  
Betsy de Thierry



**The Simple Guide to Understanding Shame in Children**  
Betsy de Thierry

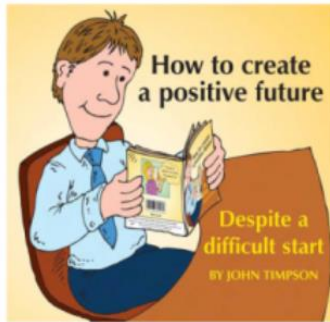


**The Simple Guide to Complex Trauma and Dissociation**  
Betsy de Thierry





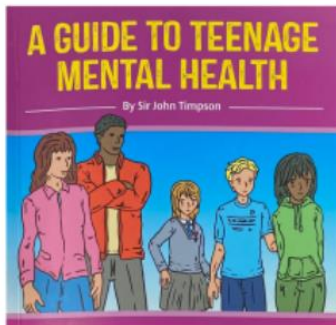
**A guide to Attachment**



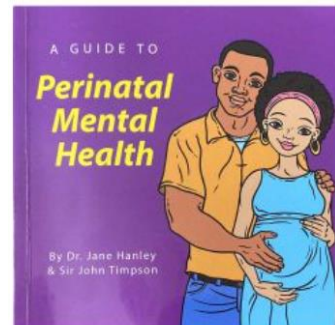
**How to create a positive future, despite a difficult start**



**Looking After Looked After Children**

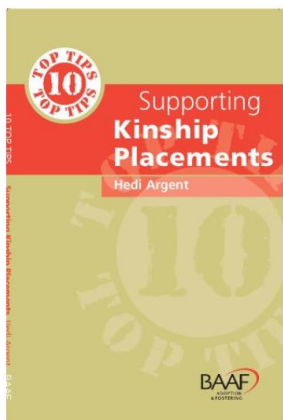


**A Guide to Teenage Mental Health**

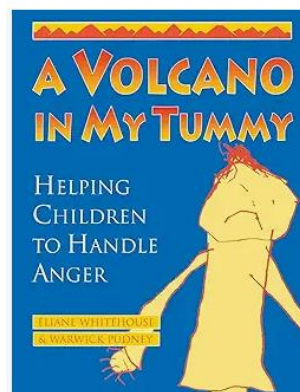


**A guide to Perinatal Mental Health**

Sir John Timpson has written a number of books which are available from <https://www.timpson.co.uk/timpsonbooks/attachment-books.html>



**Supporting Kinship placements**  
Hedi Argent



**A volcano in my tummy: A resource book for parents, carers and teachers to support helping children to handle anger**  
Elaine Whitehouse

V1:07/24

Peterborough Virtual School are committed to updating this document with other high quality and recommended texts. If you come across any you feel would benefit others, please contact Peterborough Virtual School.