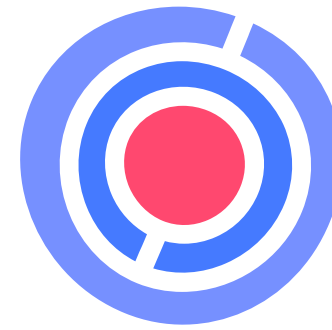



ELSA in Peterborough

2025-2026



ELSA
NETWORK

PETERBOROUGH

CITY COUNCIL
EDUCATIONAL PSYCHOLOGY SERVICE

 **ELSA**
QUALITY MARK
2025

ELSA in Peterborough 2024-2025



ELSAs in training

Special Schools



Supervision



groups

SETTINGS



44



Secondary Schools



The benefits of Emotional Literacy in Your School

Reduction of
incidents of
bullying

Reduction of
exclusions

Positive impact
on pupil
attendance

Increase in
academic
achievement

Improved
self-esteem in
vulnerable children

The benefits of Emotional Literacy in Your School

Positive changes in the home environment (e.g. using regulation strategies)

Raised awareness of emotional literacy at the whole school level

Reduction of difficult and dangerous behaviours

Improved interactions between peers and adults

Positive impact on the relationship between school and home

What can you expect from the EPS?

Training

Date	Session
9 th October 2025	Emotional Literacy in Schools (Introduction with SLT/ELSAs)
	Raising Emotional Awareness and ELSA Planning Documents
23 rd October 2025	Introduction to Attachment & Trauma
	Active Listening and Communication Skills
6 th November 2025	Developing 'The Self'
	Supporting Children and Young People through Loss and Bereavement
20 th November 2025	Understanding and Regulating Big Emotions
	Social and Friendship Skill Development
11 th December 2025	Story Tools to Develop Emotional Literacy
	ELSA Reflections, Best Hopes, and Next Steps

What can you expect from the EPS?

- 16 training spaces (£800, includes 5 full days training plus 4x 2hr supervision sessions and two handbooks)
- Supervision spaces for those who have trained previously (£400 for 6x 2hr sessions)
- Training held in person at Sand Martin House
- Supervision held in person
- All supervision and training run by fully qualified Educational Psychologists

What can you expect from the EPS?

Supervision or Reflective Discussion

- ELSAs should receive regular professional supervision from a fully qualified Educational Psychologist. Trainee EPs will also support with this as necessary.
- Half-termly, small group supervision (6 sessions, up to 2 hours each).
- Ongoing every year for as long as you are a practicing ELSA (£400).

Please note: *The term ‘Supervision’ does **NOT** mean us evaluating performance. It’s a reflective space to problem-solve and share good practice.*

What do we expect from your school

- Allow time for ELSAs to attend all training and supervision sessions, and plan, deliver and review support to all pupils
- Provide a suitable space for the ELSAs to work
- Agree a Line Manager for the ELSAs
- Whole school ELSA ethos
- Allow ELSAs to be autonomous in their planning, delivering and reviewing of support

What next?

- Read the PCC 'ELSA Policy'.
- Read the PCC 'Qualities of an ELSA' to help select the right member of staff.
- Ensure you have a dedicated line manager for ELSA who can join your training delegate at the initial 'all hands' session on 9th October from 9.30-12.30 at Sand Martin House.
- Complete the request form using the link: <https://forms.office.com/e/W0kB6qZtDd>



Expressing an interest in ELSA does not guarantee a place. Please be aware that places are likely to fill up fast. If demand is exceptionally high, we may need to consider limiting spaces based on:

- readiness to implement ELSA
- fair distribution across the city prioritising Peterborough schools.