

Dynamic Support  
Register  
Care (Education)  
Treatment Reviews



# National picture

January 2023 Updated  
policy DSR and CETR

December 2025 Mental health act reforms  
embeds Dynamic support Registers and  
CTR process into legislation

Supporting people  
with a learning disability  
and autistic people  
to get the right care, at the  
right time, in the right place

NHS  
England

## More people cared for at home

### Dynamic support registers (DSR)

- For adults, children and young people
- A tool used in a local area to identify people at risk or may become at risk of admission to a mental health hospital setting without specific and timely dynamic support
- Each person is given a **RED, AMBER** or **GREEN** rating dependent on risk - or **BLUE**, a separate rating identifying those children, young people and adults currently in inpatient services.



### Care (Education) and Treatment Review (CETR)

- For adults, children and young people
- A meeting to talk about people at risk of going into a mental health hospital and who are already in a mental health hospital.
- Identifies the people and their family are licensed to.
- Makes a plan to support people to get the treatment they need.
- Each time a CETR takes place, a review of the red, amber or green rating on the DSR takes place.
- A record of CETR recommendations kept on the DSR record.
- The dynamic support risk stratification process should include a review of community CETR recommendations and inpatient CETR recommendations for people at risk of readmission.

Keyworkers make sure that children, young people and families get the right support at the right time and that local systems are responsive to fully meeting the young people's needs in a joined up way. More information about keyworkers can be found at [www.england.nhs.uk/learning-disabilities/care/children-young-people/keyworkers](http://www.england.nhs.uk/learning-disabilities/care/children-young-people/keyworkers)

### Immediate risk of person being admitted to a mental health hospital.

- A CETR must take place
- Referral to the keyworker service for children and young people.

### Immediate risk that the person will be admitted to a mental health hospital without urgent intervention.

- Multi-agency meeting and/or CETR must take place
- Referral to the keyworker service for children and young people.

### Some risks that could lead to the person being admitted or re-admitted to a mental health hospital; but currently these risks are being effectively managed.

- Clear identification of partners who would need to be involved in a CETR if required.

### A separate rating must identify children, young people and adults currently in mental health hospitals.

- Use to identify people needing commissioner oversight visits and inpatient CETRs.

## Less people in hospital

#DSR  
#CETR



# Dynamic Support Register

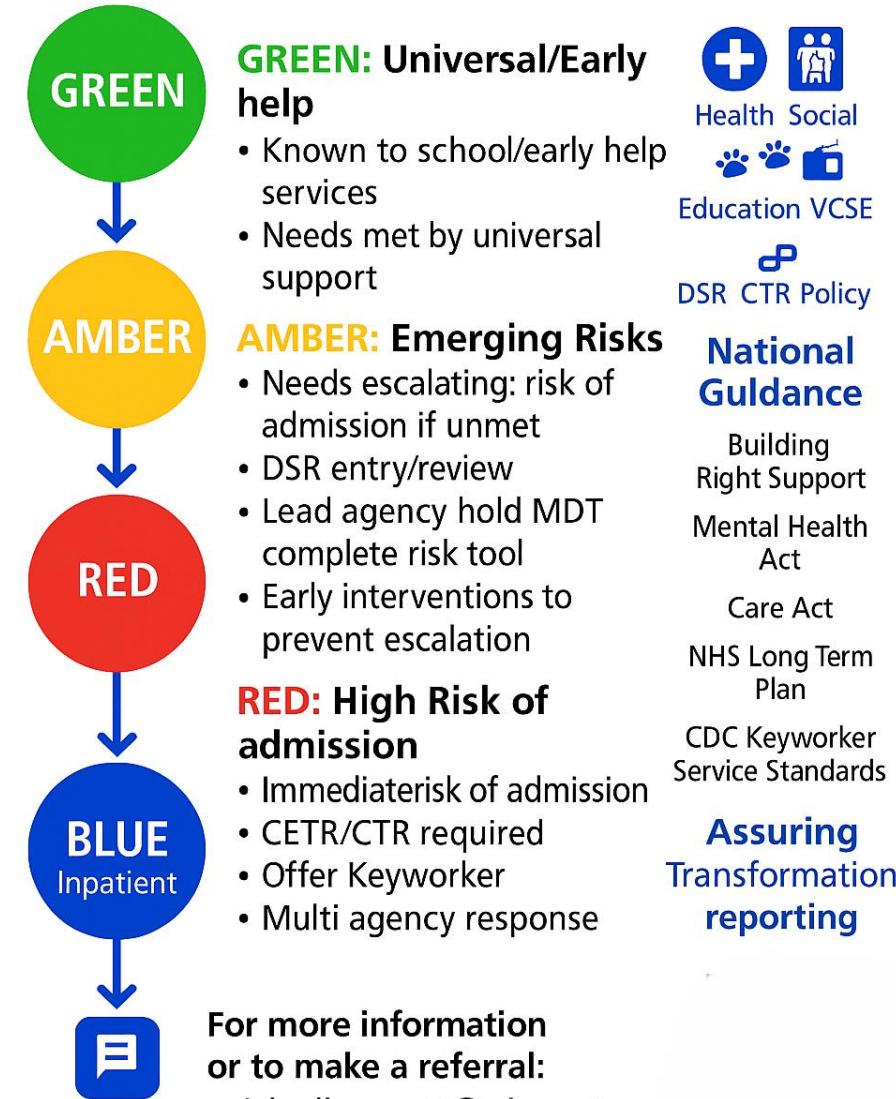
## Identification and Escalation Process



### What does this mean for Cambridgeshire and Peterborough?

All professionals involved with people who have Learning Disability and or are Autistic.

Who also have Mental health needs that are causing behaviour of concern have a duty to identify/ make referral onto the local Dynamic support register



Health Social



Education VCSE



DSR CTR Policy



National Guidance

Building  
Right Support  
Mental Health  
Act

Care Act

NHS Long Term  
Plan

CDC Keyworker  
Service Standards

Assuring  
Transformation  
reporting



# How is Risk scored?

Cambridgeshire and Peterborough use the Cheshire Wirral risk tool.

There is a checklist for under 18, different for people over 18.

Person needs to consent to have their name added to the Dynamic support Register.

Under 14 parents may consent, after 14 the person needs to agree to have their name added to register.

If the person lacks capacity to consent to being on the register then a Best interest decision would be needed by the person making the referral.

Score Range
0 – 4
5 – 7
8 +

RAG Rating
Green
Amber
Red

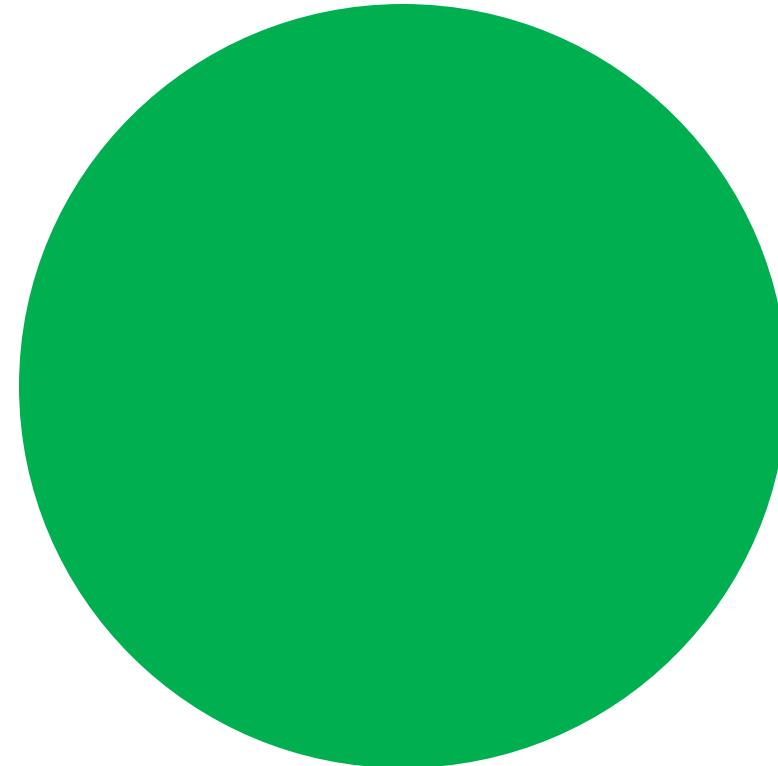


## Green Risk score 0-4

Green risk would indicate that person has diagnosis of Learning Disability and or is Autistic : there may be some needs identified by those involved in care and support.

Needs can be met by the services currently available.

If behaviour is changing and concerns are increasing rescore using the tool after next meeting.





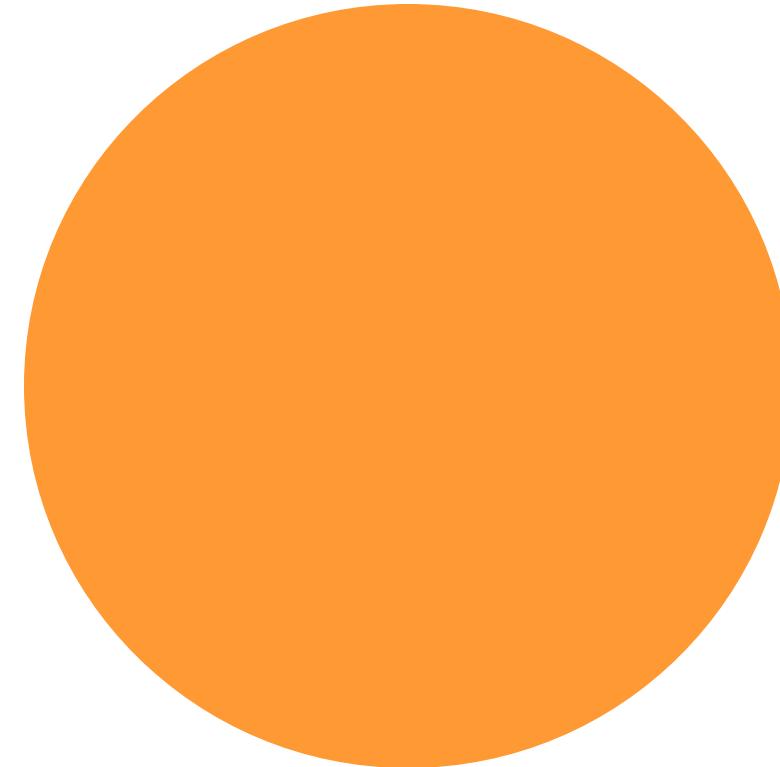
# Amber

## Risk score 5-7

Amber risk would indicate that there are increasing needs and risks relating to mental health and wellbeing. Behavioural presentation is different, and risks are causing concern.

Talk with person about Care \*Education Treatment review.

Talk with person about how Keyworker referral may help reduce risks.





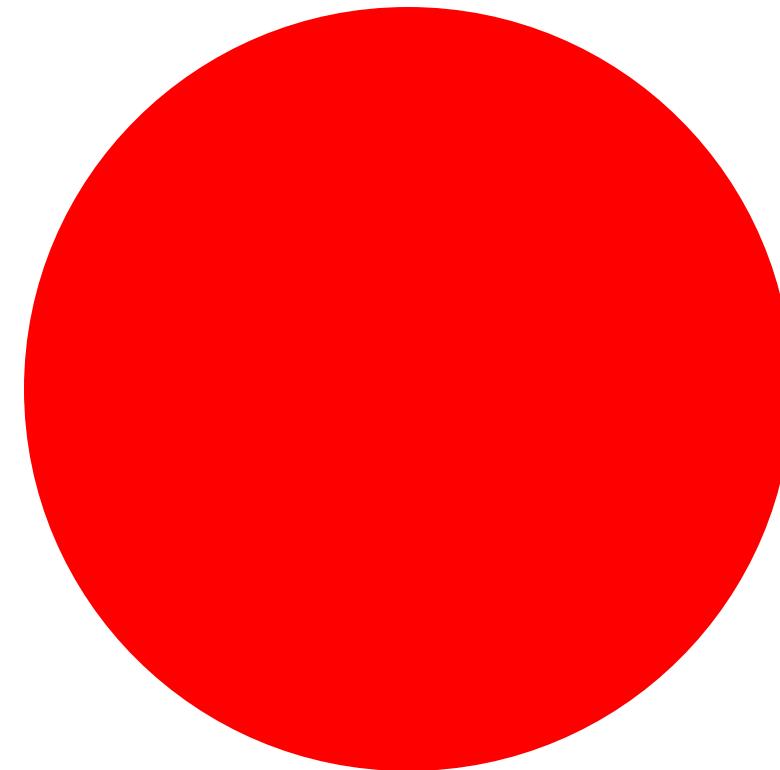
# Red

## Risk score 8+

Red risk score would need Care \*Education Treatment and Review and name adding to the DSR (with consent/ or BI decision)

Risk of admission is increasing and if risk are so high consideration of admission is imminent there may need to be a Local Area Emergency Protocol.

People under 25 can benefit from Keyworker support to help avoid admission and support with recommendations from Care \*Education Treatment review.





# Blue Inpatient

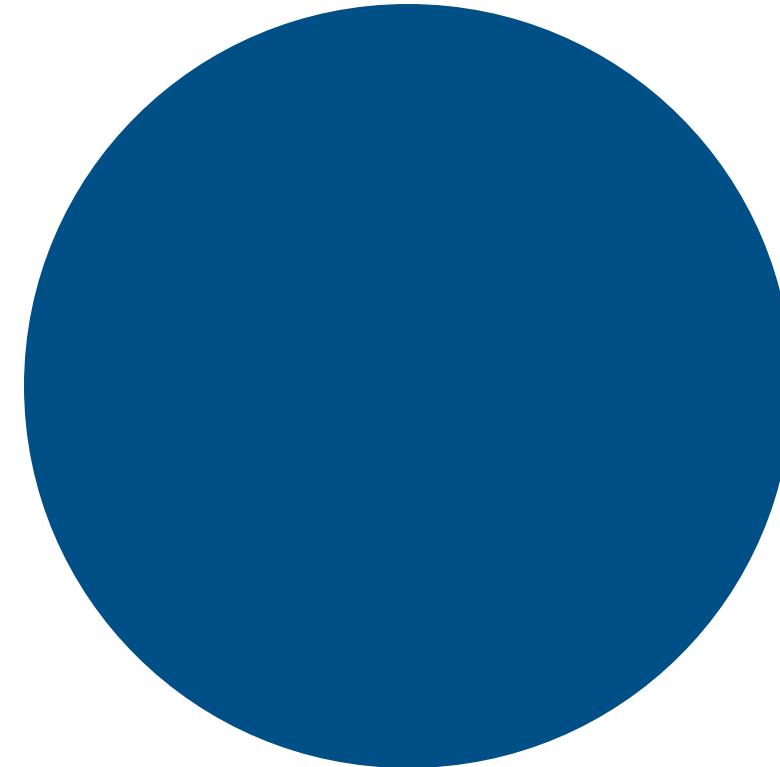
Blue risk score means that person has been admitted to a mental health unit.

Risk of admission being longer than necessary is high.

There should be a Care \*Education Treatment review within a short time of admission/ or transfer.

Person is regularly discussed and anonymised reports shared with NHS England via Assuring Transformation.

Person is able to withdraw consent for Care \*Education Treatment reviews/ place on Dynamic support register when discharged from hospital.





## What is needed?

The ICB relies on others in wider system, to identify people at right time to ensure right support available to reduce risks.

All requests/ contact about CTR CETRs via All Age inbox

[cpicb.allagectr@nhs.net](mailto:cpicb.allagectr@nhs.net)



For information and referral forms:  
[cpicb.allagecetr@nhs.net](mailto:cpicb.allagecetr@nhs.net)

Pack will include:

Risk tool, Information sharing consent, CETR /  
CTR referral form

Score Range	RAG Rating	Meaning / Action
5 – 7	<span style="color: orange;">●</span> Amber	Emerging or increasing risk — review via DSR, consider early multi-agency planning referral for CETR/CTR as well as Keyworker.
8 +	<span style="color: red;">●</span> Red	High or immediate risk of admission — urgent action required, CETR/CTR



# Keyworker function in Cambridgeshire and Peterborough is delivered by Keyworker collaborative

To receive Keyworker support person needs to be DSR eligible and give consent to have name added to Dynamic Support Register.

**Available to people who are under 25**

For More information about how to refer:

[info@keyworkcollaborative.org.uk](mailto:info@keyworkcollaborative.org.uk)



## Other useful links and recommended E-learning

E Learning for health or Athens recommended training [Resource](#)

A summary to support the implementation of the 2023 Care (Education) and Treatment Review policy.

DSR animation

[https://youtu.be/Jjv5H\\_7IIOE](https://youtu.be/Jjv5H_7IIOE)

NHS guidance

[NHS England » Dynamic support register and Care \(Education\) and Treatment Review policy and guide](#)

Target group 16-25 Autistic people

[New CETR and DSR Guides for Autistic Young People](#)

All health and social care professionals can register online Futures platform, collaborative working forum.

